

Quaker parakeets (Myiopsitta monachus), also known as monk parakeets, are native to Bolivia, Brazil and Argentina, but feral flocks have been established in Puerto Rico, the United States and some major cities in Europe.

Quaker parakeets are highly gregarious and associate in flocks of ten to one hundred or more. Their nests, which are the roosting quarters and center of the birds' daily activity, are enormous communal structures made from thorny twigs and placed in the topmost branches of trees. Each pair has its own chamber or compartment with a separate entrance tunnel. Nests containing up to twenty compartments have been recorded.

Free-ranging quakers have raucous sounds: a loud staccato in flight and a high-pitched chattering when feeding. Because of the potential danger to agricultural interests from feral birds in the United States, it is illegal to keep quakers in some states.

Most Common Disorders of Quaker Parakeets

- Bacterial diseases, including chlamydia
- Viral and fungal diseases
- Reproductive disease, especially in females
- Obesity
- Feather plucking and self-mutilation syndrome

Many diseases can be prevented with regular veterinary care, proper diet and housing. For these reasons, it is important to develop a relationship with a veterinarian who is experienced in avian preventive care, medicine and surgery. For help in finding an avian veterinarian in your area, contact the Association of Avian Veterinarians (AAV) by visiting www.AAV.org and click on "Find a Vet" or contact the American Board of Veterinary Practitioners, www.ABVP.com/diplomate.

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QUAKERS



Companion Bird Care
SERIES

What to Expect from Your Quaker Parakeet



Quaker parakeets are medium-sized parrots with long, gradated tails. They are intelligent, hardy and generally friendly with strangers. Quakers are considered to be one of the better talkers, with extraordinary ability to mimic and speak with cognition. Similar to other parrots, the behavioral characteristics of quaker parakeets can run the gamut from aggressive, biting, noisy and obnoxious to charming and comical.

Vital Statistics

Length: 11 inches (28 cm)

Weight: 127-140 g

Age of sexual maturity: 1-2 years

Average life span: 25-30 years

Is Your Quaker a Male or Female?

There are no obvious physical characteristics to identify your quaker parakeet as a male or a female; therefore, laboratory methods using DNA technology should be used.

What Should You Feed Your Quaker?

For a long, healthy life, Quakers should be fed a high quality, toxin-free formulated diet. Supplementation may include small amounts of chopped organic vegetables and fruit and whole grains.

What Do Quaker Parakeets Do All Day?

Because of their high intelligence, Quakers require a stimulating and enriching environment. Toys should be rotated frequently and include puzzle-types and toys designed to be shredded or destroyed. Toys should be “bird safe” and free of toxic metals, hooks, sharp objects or small easily consumed components. They can be taught to enjoy foraging, where food and treats are hidden in puzzle toys or other objects, such as paper cups or paper. This is an excellent way to prevent boredom. Socialized Quakers benefit from inclusion in a busy family’s activities in a variety of situations.

Are Quaker Parakeets Tame?

Young, hand-tamed Quakers adapt readily to new surroundings and handling procedures. They should be exposed early in life to novel situations (car travel, hospital visits, multiple visitors in the household, other household pets) so that they are well-adjusted to these events. Non-socialized adult birds are less inclined to accept environmental changes.

How to Identify Your Bird

Quakers occasionally escape outdoors, and permanent identification may help to return birds to their owners. One method used to permanently identify your bird is implantation of a microchip, as is performed in other pets. Some birds already have leg bands for identification.

Although closed leg bands seldom cause injury, some owners prefer to have them removed.

Should the Wings Be Clipped?

The decision to clip wings or allow free flight should be made carefully. Birds allowed free flight benefit from exercise and mental stimulation; however, free flying birds may be injured by hitting windows or ceiling fans or hurt by encountering toxic materials. With careful planning and training, some birds may be allowed free flight in a safe area. The goal of clipping the wings is not to make the bird incapable of flight but to prevent it from developing rapid and sustained flight and to prevent escape. Clipping must be done carefully and tailored to each individual to prevent flight and injuries from falling.

What Your Veterinarian Looks for in a Healthy Quaker



Dry, open nares

Smooth beak

Clear, bright eyes,
no discharge

Alert, erect posture

Even pattern of skin on the feet;
nails of appropriate length

Good body condition

Smooth, bright feathers that are
not ragged, discolored or broken

How to Keep Your Quaker Parakeet Healthy, Happy and Safe!

- ✓ Take your Quaker to your veterinarian immediately after purchase, then once annually for examinations.
- ✓ Provide stimulating environmental enrichment by offering toys, social interaction and foraging opportunities.
- ✓ Feed a fresh, high quality, toxin-free formulated diet with fresh chopped fruits, vegetables and whole grains according to the manufacturer’s recommendation.
- ✓ Provide clean, fresh uncontaminated drinking water and change frequently. Quakers can be trained to use a water bottle.
- ✓ Many birds enjoy bathing. Try providing a warm water bath, or gently spraying with clean warm water daily if possible.
- ✓ Avoid spraying house with insecticides.

Housing for your Quaker should:

- ✓ be as large as possible.
- ✓ be clean, secure and safe.
- ✓ be constructed of nontoxic materials (some cages may contain toxic metals, such as zinc).
- ✓ contain variable-sized perches made of clean, nontoxic, pesticide-free wood or branches.
- ✓ have easy-to-clean food and water containers.
- ✓ have perches not placed directly over food or water bowls.
- ✓ offer opportunities for protected outdoor exposure to fresh air, direct sunlight and exercise.

Quakers are very curious and will investigate anything new in their environment. That is why it is important to prevent their access to:

- ✗ ceiling fans
- ✗ stove tops with hot burners, pans or skillets
- ✗ fumes from overheated non-stick cookware
- ✗ leg chains
- ✗ sandpaper-covered perches
- ✗ tobacco and cigarette smoke
- ✗ chocolate, avocado, salt, alcohol
- ✗ toxic houseplants
- ✗ pesticides and other toxic fumes
- ✗ easily dismantled toys
- ✗ dogs, cats, ferrets, young children
- ✗ cedar, redwood wood shavings
- ✗ sources of lead or zinc
- ✗ plug-in air fresheners
- ✗ heavily-scented candles.